2:Richards E-5 (1930-1934)1939
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beer. In fact they often subsist entirely on the latter to the complete exclusion of solids. Their wives, children, and courtiers also eat on the average more than the ordinary family, so much so that natives describe especially lavish hospitality as 'housekeeping after the fashion of the capital' (*umusango wa ku musumba*). But the difference is one of certainty of supply rather than of greatly increased consumption per day, and a small class of individuals only are affected. Otherwise the rich man and his poorer neighbours eat very much the same throughout the year.

Sex distinctions are not marked either. The man gets a larger share of meat or any favourite relish, but there are no foods specially tabooed to women, and I do not think the inequality is any greater than that common in many working households in this country. Age distinctions in diet are not pronounced. Young boys between 10 and 16 are probably the worst-fed section of the community since they have to forage for themselves and have no regular portion allotted to them, but even then the difference is not a striking one. Geographical variations in the food-supply certainly exist, but they are limited chiefly to differences in the amount of meat and fish consumed and not to the staple food. Therefore for all general purposes the following account may be taken as applying to the population as a whole.

Variations from Hunger to Plenty.

The most pronounced feature of this dietary is its alternation between hunger and plenty, a characteristic common to African peoples in areas where the distribution of rain allows only one season of cultivation a year, and where one staple crop is relied upon. In this territory the existence of a definite scarcity is noticed at once by the most casual observer. The Bemba constantly talk about 'hunger months' as distinguished from food months. At the end of the rainy season they regularly expect a shortage, whether it is severe or not. When the scarcity becomes marked the whole appearance of village life is changed. For adults meals are reduced from two to one a day, and beer is rarely if ever brewed. Children who seem to munch extras all day long in the plentiful season (April to October) are reduced to a single dish late in the day. In one bad year I saw cases of elderly people who ate nothing during the course of a day, and though this is not common, most adult natives can remember occasions when they went two days

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dry as if there wasn't any saliva in them'.[1] It is very important to natives to get the right proportion of relish to porridge. Every one wants to get as much relish as possible, and here the rules of procedure are fixed. An old man may tear off a lump of *ubwali* and make it into a hollow spoon. This he will dip into the liquid relish and then pick up as much relish as possible (*ukuleme nkondwa*). The child, or inferior, may only just dip the porridge into the relish to moisten it (*ukutumpika*), and thus the proportion of vegetable varies very much according to age. A young man will not dare *ukuleme nkondwa* until he is given the permission by his father, said to be granted when the boy is able to do a full day's work in the gardens. A girl should wait the invitation of her mother before trying to take an adult portion of relish, and on the few occasions when a wife eats with her husband, in the privacy of their hut at night, she is supposed merely to dip her porridge in the stew like a child, until she reaches middle or old age when, among the Bemba, all sex disabilities seem to disappear.

Bemba eating customs can therefore be said to differ considerably from our own, both as regards the rhythm of meals, the regularity of daily intake, and the serving and rate of consumption, but in each case the manner of eating is just as precisely defined by cultural rule and related as strictly to the general economic system and social grouping of the people concerned. Even the proportion of liquid to solid, or relish to porridge, is prescribed by etiquette.

Beer Drinking.

Bemba beer (*ubwalua*) is one of their most important foodstuffs. It is made from the staple cereal itself.[2] It is a valuable source of vitamin B in which the diet is otherwise deficient.[3] On the day when it is drunk very few natives eat any other form of food, and some individuals, mostly chiefs, subsist on it entirely from day to day. But *ubwalua* is far more than a mere food. It is the people's only kind of entertainment, the chief break in the monotony of

[1] Information collected by Mrs. Gore-Browne.

[2] The Bantu peoples make beer from a number of different sources according to their environment, eleusine, Kaffir-corn, maize, cassava, bananas, honey, and, in the Congo, wine from palms and sugar-cane. The Bemba preference for millet beer is shared by a number of people such as the Bisa (of the swamps), or the Venda of the Transvaal (H. Stayt, *The Bavenda*, p. 35) who grow the cereal specially for the purpose.

[3] Kaffir beer is included as part of the rations issued to mine-workers on the Rand scale chiefly for this reason.

3: Richards E-5 (1930-1934) 1956
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When a man dies his names his kinship duties and his hereditary bow are passed on to his sister's son or to her grandson through a daughter. The heir actually becomes the dead man in a social sense: he adopts the kinship terms the latter used, calling, for instance, 'maternal nephew' the person he would previously have called 'brother'. The same positional succession takes place in the matrilineal line for women, and a dead woman will be replaced by her sister or a maternal granddaughter. In this system women are honoured as the bearers of many children and such a woman is said to found a house.

In the case of the royal crocodile clan the maintenance of descent is even more important. All senior chieftainships in Lubemba, the country of the Bemba, are held by members of the royal lineage.

A successor to such a chieftainship has access to 'great spirits', those of his dead predecessors, and he not only prays to them at the sacred shrines in his capital, but he acquires supernatural powers in his own person, so that he can bless and curse. His good health and vitality bring blessings to the community, and his ill-health or death, the reverse.

Princesses have the special duty to bear fine children in order to provide the country with chiefs, and they are honoured for doing so. The spirits of royal women are mentioned in prayer in tender and grateful terms as 'those who carried us in skins on their backs and gave us suck'. The first ancestress, Bwalya Cabala, is buried in a grove which is one of the most sacred places in Lubemba.[1]

Bemba clans are not segmentary. The effective kinship group within the clan is a three or four generation group, the men and women who trace their descent to a common great-grandmother and who remember a village of origin (*cifulo*). These are not corporate matrilineages in any territorial sense. The kinship system makes for a great deal of movement from village to village during a man's or a woman's life. The villages themselves change in composition and move from place to place following the shifting cultivation.

There appear to be no fixed leaders of the matrilineage, except in the case of the royal dynasty, but this group is the unit of succession to the offices and the names of dead men and women and to their ancestral spirits.

[1] Cf. *Land, Labour and Diet in Northern Rhodesia*, p. 357.

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The Cultural Setting

576 Bemba ideal behaviour is that of the *mwina umusumba* or man living at the court, as distinct from the *mwina impanga* or inhabitant of the bush; the country bumpkin.

577 565 A commoner is expected to be loyal to the death to his chief, and to accept the fact that his rulers have the right to all his time and all his possessions. He must be silent and respectful. Members of the crocodile clan are expected to be arrogant and even ruthless, but they must be generous in feeding their adherents.

888 561 Extreme deference is paid to age. Each child knows his exact position of seniority in a group of village children and is given precedence in games. Each group of men sitting in the village shelter does the same. A younger child is scolded for putting itself forward before its elders.

562 622 Bemba women share many of these ideals. They work for their chief in his gardens and make the same abject obeisance to him. They have a lively interest in the ritual centred in the court. They play an important part in attracting followers and kinsmen to a village. A headman's following or 'crowd' (*bumba*) is attracted by means of beer, good entertainment and company, and these depend both on the successful organization of labour, which is largely a man's job, and on the wise and tactful distribution of food, and happy personal relations, which are mainly in the women's sphere.

562 842 888 Women, unlike men, are admired for industry and for resource in finding food in the bush. They are honoured for bearing and rearing many children and for courage in childbirth which is often, under Bemba conditions, a terrible ordeal. They are expected to be loyal to their own sex and to accept the domination of older women.

562 644 622 In the sphere of tribal life women have an important part to play, or rather one that is thought to be important. As we saw, two senior princesses have districts of their own; and junior princesses often act as village 'headmen'. In all these cases they wield political authority but are regarded as chiefs with feminine attributes, that is to say, with more gentleness and hospitality to the needy. They are not expected to be ruthless in discipline. They have male counsellors to advise and support them. Besides these real political functions the senior women have important ritual duties since, like their 'brothers', they are in charge of

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562 644 622 ancestral shrines. They are also the potential mothers of future chiefs and provide their brothers' heirs. Senior princesses stride in and out of their brothers' royal enclosures, advise them, hector them and borrow their things. The senior wives of chiefs are also [789] honoured highly since they hold in their charge the royal fire and they can, by their conduct, destroy or maintain the supernatural powers of the chief. They are thus able at any time to 'spoil the land'.

562 In courts of law women can plead their own cases; this is most unusual in the patrilineal societies to the south. When contracting their first marriage they are under the control of their fathers' and their mothers' brothers, but they are fairly free to contract second [587 586] marriages at their own wish. They are certainly able to break a marriage contract with much greater ease than women in patrilineal Bantu societies who pass under the control of their husband's patrilineage on the transfer of cattle at marriage, and divorce is rather frequent in this society. Bemba women have the reputation on the copper belt of Northern Rhodesia for being quite unmanageable by men of other tribes. Such men shrug their shoulders, raise their eyes to heaven and say 'These Bemba women! My word! They are fierceness itself'.

Compared to many patrilineal tribes, the Bemba women seem to have a high status. Parents welcome the birth of girls since they bring husbands into their village and build up its strength. Daughters become founders of new lines since the succession passes through them. When they first marry they are under the very definite authority of their relatives, but they are 'at home' whereas their husbands are outsiders from other villages. They have the support of their parents and may form part of a solid phalanx of married sisters, and they are therefore in an extremely strong position. As they become mothers and grandmothers their authority increases. Teknonymy is practised and women are called [601] by the names of their sons or daughters with the female prefix 'na' On the birth of the first grandchild their name is changed to grandmother of so-and-so—this is a title of respect.[1] The Bemba woman is shy and submissive as a girl, but once a grandmother she

[1] E.g. Na-Kampamba = the mother of Kampamba;
Nakulu-Canda = the grandmother of the Canda.

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562 often becomes imperious and managing and obviously enjoys her position as she sits on the verandah of a large hut, directing operations and dividing food. This is the position a woman achieves by a stable marriage, and one which she longs to achieve.

833 Sex relations are openly desired by Bemba and celibacy for men or women is not admired. A girl who rejects men is criticized as having 'pride of the womb' (*cilumba ca munda*). Abstinence is only practised for ritual reasons, by a woman nursing a child, for instance. Adultery in women was, however, savagely punished in 837 the old days and is a cause of divorce. It is still thought to cause death in childbirth. Men are not very seriously criticized for adultery although it is thought a terrible crime for them to 'kill' their children by not submitting to the purification rites.

462 The two sexes are divided in everyday life as regards their work 264 and recreations. Men sit in their own shelter at night and eat together there. Women, on the other hand, are grouped round their own house verandahs. Men have their own economic tasks and 593 women theirs. Girls do not enter marriage with any ideal of companionship with their husband. A young couple is not expected to show affection in public and a bridegroom tends to be despised for spending time with his wife. But affection grows over the years in the case of a stable marriage.

593 There are certain obvious contradictions in the husband's 562 position. Menfolk are dominant in Bemba society. Women used to [576] greet men kneeling, and they still do so on formal occasions today. Men receive the best of the food and take precedence at beer drinks and on other social occasions. They speak first in family matters. Men are expected to take the initiative in sex affairs. Women are married (*ukwupwa*—the passive form) while men marry (*ukwupa*—the active form). Girls are taught to please their husbands and are considered responsible for giving them pleasure in sex relations. Women calmly accept the fact that their husbands will beat them 'when they are young and their hearts get hot quickly'.

593 The contradiction between the masterful male and the sub- 562 missive son-in-law, between the secure young married woman backed by her own relatives and the submissive kneeling wife, is one which first struck me forcibly in the course of the chisungu

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ceremony. This contradiction, I think, finds expression and perhaps resolution in the chisungu which might be regarded as an extreme expression of the dilemma of a matrilineal society in which men are dominant but the line goes through the woman.

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similar solemnization of the fertility of a union. (See Appendix A.)

If a Bemba husband fails to give his wife a child, his marriage comes to an end. If he makes her pregnant, but she dies in childbirth, he will be held responsible by the heads of her matrilineage and by her father and mother. He is said to have 'killed' their child.[1] On the other hand, if he succeeds in the hazardous enterprise of Bemba marriage, he 'founds a house' and acquires not only status but rights of approach to his own matrilineal ancestors.

The honouring of the son-in-law in the chisungu also enacts the desire of the womenfolk to attract a young man to make his home in their village. There may be more in the chisungu mimes than this. It is at least possible that the women had an unconscious sense of guilt about robbing fathers of their children, children who are so much wanted and which only men can give. Bemba girls are brought up in a male-dominated society and are taught to kneel to men and to put them first. Their fathers are respected autocrats in the home, but are dethroned as their children grow up and realize that ultimate power lies with their mothers' brothers. The women court men to give them children, but they do not allow them the full rights of a sociological father or *pater*. They deny him ultimate power over his children; perhaps they compensate him by giving him exaggerated respect in the chisungu as the procreating male.[2]

Sex hostility is not apparent in the chisungu. There are songs which can be interpreted as mocking at men but I did not hear them sung, and they do not seem to be an integral part of the ceremony. The women certainly stress their complete command over matters concerning childbirth. The mother of the girl, her father's sister, and the mother of the boy unite in this respect: this sex grouping cuts across those based on lines of descent. The secrecy of the chisungu may be women's compensation for their seclusion from other aspects of tribal life. But there is nothing to

[1] When a Princess was safely delivered of a child in the old days, the friends of her lover did the dance for a lion-killer returned from the hunt and shouted 'He is saved! He is saved!'

[2] D. Schneider reminds me that according to psycho-analytical theory the penis of the man is equated with his child. He suggests that the Bemba father is robbed of his child but compensated by the symbolic representation of his virility in the chisungu.

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match the ritual hostility between the sexes shown in some other initiation or marriage rites.[1]

Traces of hostility are revealed in the man's attitude to the chisungu. At least one Bemba man told me that unless the rites were performed 'our wives will hate us and give us no respect'. I have also heard remarks from women which seem to show that they are anxious lest they alienate the husbands attracted to the matrilineage. For instance, girls are instructed not to cry out in childbirth 'because it is a thing of shame. These are the secret things of women. Because the man will hear and will say "It is I who gave her that belly. I am ashamed because other women don't cry out like that".'[2]

To conclude, Bemba evidence supports the suggestion that there is a connection between matriliny and girls' initiation ceremonies which emphasize the importance of fertility. In any society in which it is believed that women provide all the physical substance from which the foetus is formed, this would be natural; it is the case in Bemba society. Moreover, the connection between matriliny and girls' initiation ceremonies has been observed in a number of other African communities.[2]

I have suggested that there are also other possible associations, between matriliny characterized by absence of marriage payment, for instance, and instability of marriage with anxieties and taboos centring round the beginning of married life. A further association is suggested between matriliny combined with uxorilocal marriage, and initial inferiority of the young husband combined with compensating honours given him in the rituals of marriage or initiation. I have also suggested, very tentatively indeed, that in this particular matrilineal society there may be a connection between the lack of open hostility between the sexes and an unconscious feeling of guilt at robbing the man of his children, which is expressed in fears on the part of the women that the men will leave them, and on the part of the men that their wives will not respect them unless taught to do so by the chisungu.

[1] Cf. M. Gluckman, 'The role of the sexes in the Wiko circumcision ceremonies', in *Social Structure* edited by M. Fortes, 1949, and P. Mayer, 'Privileged obstruction of marriage rites among the Gusii', in a paper read to the Royal Anthropological Institute, 1950.

[2] See Appendix A for a further discussion on this point.

622 778 protection from pollution of the fire which is supposed to burn day and night in a special hut, at any rate in the Paramount Chief's capital. An elaborate ritual concerns the protection of the sacred relics and the fire, and a number of hereditary officials are engaged in this task.

622 While all chiefs in this group seem to have ritual powers as heads of ancestral cults, and most of them possess and look after sacred relics, it appears that the ritual is far more highly developed among the Bemba. In fact, among some of the scattered groups on the western border of the district, there are cases where the spiritual ownership of the land is in the hands of a descendant of the original owner and the chief himself has diminished supernatural power; but further research on this point is required.

643 The Paramount Chief among the Aushi[1] held both secular and spiritual power in his own hands, a state which was interrupted from 1900-1930 by quarrels over the succession, during which there was both an administrative and a religious head of the group. This is the normal state of affairs among the Unga[2] where the Paramount Chief has never held spiritual or religious power.

Types of Chief

622 643 644 Bemba chiefs succeed to fixed titles associated with the possession of sacred relics. The chieftainships are of different kinds. The major titles are held by members of the royal dynasty and the royal princes succeed to one after the other of these titles in turn. For instance, for half a century or so there was a tendency for the Paramount Chief, the *Citimukulu*, to be succeeded by the *Mwamba*, who was in turn succeeded by the *Nkolesfumu* and the latter by the *Mpepo*.[3] The paramount chieftaincy and the major territorial chiefdoms are held by close relatives within the royal dynasty, usually own brothers, parallel cousins, classificatory brothers, or sisters' sons. Some of the territorial chiefs have under them sub-chiefs whom they appoint themselves and who are either royal princes, or in some cases "sons of chiefs". Several chiefdoms are regularly inherited by sons of chiefs rather than by members of the royal Crocodile clan, and it appears that once a tract of land has been given by a chief to one of his sons it remains as a gift which the succeeding chief can give to his son rather than to his uterine nephew.

644 562 There are also at least two royal princesses, the *Candamukulu* and the *Mukulumfumu*, who succeed to fixed titles in the same way and who rule over a group of villages rather than tracts of land. The position and power of the women of the Crocodile clan is one of the characteristic features of this area.

622 Lastly a few localised lines of chiefs, usually junior or ousted branches of the Crocodile clan, have established their rule over small

(1) Philpot, 1936; but in the Congo the Aushi have two chieftaincies or paramountcies. See Stidsen, 1926, p.59.
(2) Brelsford, S, 1946.
(3) After a protracted succession dispute the *Mwata* succeeded to the paramount chieftaincy recently; see Brelsford, S, 1944, and Richards, T, 1948.